## Steps for Successful and Safe Trapping

In the TNR community, targeted trapping (also known as "mass trapping") is considered the most efficient and effective way to help as many cats as possible while spending the shortest amount of time trapping. Targeted trapping aims to trap every cat in a group or location for TNR.

Targeted trapping helps improve the life of all cats in a group. It leads to fewer nuisance complaints, as well as an increase in rabies vaccinations, plus improved animal welfare. Additionally, targeted trapping makes it easier to organize important information such as medical records, tracking sheets, and to monitor time and money spent. This information will help you in the future, as well as help demonstrate your success.

Once you've assessed the situation and devised a plan with all key stakeholders, it's time to proceed with trapping and transporting. Following these instructions and guidelines will help ensure the safety of all.

#### **Preparing to Trap**

#### Assess the Situation

Identify all individuals who feed community cats and all locations of feeding sites. Create a spreadsheet tracking pertinent information about the cats.

Evaluate whether the location is an appropriate environment for the cats. As long as it is safe for them, the area where the cats are currently living is the best place to return them after sterilization. If relocation is necessary, refer to "Guidelines for Safely Relocating Feral Cats".

Notify neighbors before trapping begins to

prevent them from thinking that you will harm the cats and also to allow them to keep their cats indoors. Make arrangements for kittens and cats who may be socialized after veterinary treatment, so they can be placed into an adoption program. Foster homes should be arranged prior to trapping.

### Pre-exposure Rabies Vaccinations

These are recommended for those working with feral and stray cats, and for veterinary staff and wildlife rehabilitators who handle small mammals. The chance of contracting rabies from an infected cat is extremely slight (the last documented occurrence in the U.S. was in 1975); however, it is always best to take all precautions. Rabies from animals is usually transmitted to humans through bites, but can also be transmitted by scratching or contact with saliva. In either case, your health department can administer a series of vaccinations to be safe. If bitten by a rabid animal, one need only receive two additional injections as postexposure treatment if they had already been vaccinated.

If you are bitten by an animal you suspect may have rabies, see your doctor <u>IMMEDI-ATELY!</u> And with any injury, <u>immediately wash the wound</u> with hot, soapy water for several minutes, and clean it with peroxide. Apply an antibiotic cream.

Refer to "Zoonotic Diseases" for more information.

#### Make an Appointment

Before you begin trapping, contact your local shelter, rescue group, or vet clinic to

make a sterilization appointment. You <u>must</u> work in conjunction with a clinic; do not show up or call them saying you have a cat in trap without <u>first</u> making proper arrangements. Make sure to ask upfront what cost(s) will be incurred and what form of payments are accepted.

#### The Correct Equipment

While traps made specifically for cats are available, any humane trap with a sliding rear door that is at least 30" long by 10" wide will work (Kortis et al., 2013).

If you are only trapping a couple of cats, you may borrow a trap from a friend, a feral cat group, or an animal control agency. Animal control agencies that want more information can contact Alley Cat Rescue; we have a shelter outreach program to assist and inform shelters about the Trap-Neuter- Return (TNR) protocol as a better way to control outdoor cat populations.

If you are trapping a large colony, you should probably buy several traps for your own use. If you use several traps at once, you can catch the cats far quicker, before the remaining cats become trap-shy, and this will make it easier for you.

Remember, never try to catch a feral cat or kitten by hand. These animals are usually very afraid of humans and can inflict painful bites.

#### Supply List

- One humane trap per cat, properly labeled with your contact information and a short note explaining that you are trapping cats as part of a humane TNR program.
- One bed sheet or large towel for each trap. The cloth should be large enough to cover the entire trap on all sides. Covering the trap will calm the cat and lessen the risk of injury.
- One large blanket, bed sheet, or plastic cover to protect your vehicle's seats.

- Folded newspaper to line the bottom of each trap.
- An easy-open can of tuna in oil, sardines in oil, mackerel, or other enticing bait. You may use a spoon or the lid from the can to scoop out bait. Do not leave the can in the trap.
- A flashlight or headlamp for earlymorning or late-night trapping.
- Masking tape to use to identify and label traps.
- Tracking sheets to identify cats and to record information.
- A pen and a marker.
- Extra cat food and clean water to leave for any cats remaining in the colony who are not being TNR'd at that moment.
- A pair of thick gloves.
- A roll of paper towels and hand sanitiz-
- A few twist ties (bread ties) or zip ties x p., to secure trap doors once a cat has been caught.

Always inspect your equipment prior to trapping. Make sure traps are working properly and gloves are free from major holes or tears.

#### Establishing a Regular Feeding Schedule

Establishing a routine feeding schedule will make trapping easier. Feed the cats at the same time and place each day for at least one week prior to trapping.

During this period, the colony should be assessed. Determine if any cats are tame (friendly) and can be adopted into homes, and plan ahead for fostering any kittens you trap. Record such information as the name of the cat, description, spayed/

neutered, etc. This information will help establish proper health records for your colony.

#### **Trapping**

The first step to trapping is to withhold all food for 12 to 24 hours before setting a trap. This will ensure that the cats are hungry enough to enter a trap. Also, surgery will only be done on cats who have NOT eaten during the last 12 hours. Withholding food for a short period will not harm the cats. Continue to provide the cats with clean, fresh drinking water.

Perform the trapping during the late evening or early morning; this usually coincides with a regularly scheduled feeding. Get the trap(s) ready near your vehicle or away from the trapping site before placing them there, as you don't want to scare off any cats if a trap goes off accidentally.

Place the trap on a flat surface. Unlatch the rear door and take it off so you can get your hands inside the trap. If your trap does not have a rear door, then you might want to secure the front door open with a twist tie so that it won't keep falling shut while you work.

Fold several pieces of newspaper lengthwise and place them inside the bottom of

the trap. This disguises the wires and trip plate. Do not use newspaper if it is windy, or make sure to use several sheets that will stay down and not scare the cats.

Place approximately one tablespoon of bait in the rear center of the trap. You can place the food directly onto the newspaper. Next, drizzle some liquid from the bait the entire length of the newspaper inside the trap. This strategy is meant to entice the cat into the trap and towards the larger amount of food at the rear of the trap. However, it is important not to put too much bait in the front or middle of the trap, because this may satisfy the cat and she will leave without setting it off.

Set up the traps at the trapping site, most likely in the feeding area. Place the trap on the ground and make certain it is stable and will not rock or tip. Cover the entire trap with a sheet or towel, leaving the opening uncovered and ensuring the cover won't interfere with the door shutting.

If using multiple traps, stagger them, so they are facing in different directions. Try to think like a cat and place the traps where they will be tempted by the smell of the bait. Move quietly and slowly, and try to remain relaxed so your behavior won't frighten cats away.

Set the traps. Leave the area quietly. The cats are unlikely to enter the traps if you are standing nearby. You may want to sit in your car or take a short walk. If you are trapping in your yard, you can go inside.

Traps should never be left unattended for more than one hour under any circumstances. It is good to check the traps frequently and quietly, from a distance. Never leave a cat in a trap unattended. Also, traps may be stolen, damaged, or set off; a trapped cat also might be released by someone who doesn't understand your in-



Trapping cats at Adams Morgan colony, Washington, D.C.

tentions.

Trapping feral cats may take some time. Be patient. Once a cat appears, it may take a few minutes for her to go into the trap. Make sure the trap has sprung, and the cat is securely trapped, before you approach.

Do not attempt to transfer a trapped cat to another cage or carrier unless you are very experienced in dealing with feral cats and have the proper equipment to do this. A transfer cage is the best item to use for safe transfer. It fits snugly up against the trap and a sliding door on each piece of equipment will allow a safe transfer. You should have another person assist with this task. Before moving the trapped cat, ensure the trap is covered with a sheet or large towel. Covering the trap will keep the cat calm.

It is still normal for the cat to thrash around inside the trap but she will not hurt herself if the trap remains covered. If a cat has already hurt herself, do not release her.



Feeding time at a colony

Most injuries from traps are very minor, such as a bruised nose or torn claw. The cat

will calm down eventually. Use twist ties to ensure the rear door is secure.

Once you have trapped as many cats as you can, transport them in the traps to the veterinary hospital. If you trap cats at night and need to hold them until their appointment in the morning, keep them in their traps and make sure they are in a dry, warm location. They can stay in a shed, basement, or isolated room if the weather is poor. Do NOT leave trapped cats in extreme cold or heat.

#### Transporting the Cat

Before transporting a trapped cat to the clinic, it is advised to cover your vehicle seats with a sheet, large towel, or plastic trash bag to prevent damage to your upholstery. If your vehicle has a hatchback, you can place the trapped cat in the rear as long as she will receive proper ventilation; do **NOT** transport a trapped cat in the trunk. Ensure the trap is securely situated in the car, so it will not tip over or fall off a seat while you are driving. Keep the trap covered with a sheet or towel.

All cats must remain in a trap, covered with a sheet or towel. When dropping the cat off at the clinic, remind your vet the cat is there to be TNR'd — that you will be releasing the cat in 12 to 24 hours — so dissolvable sutures and surgical glue are used. The cat should also be vaccinated and eartipped. Additionally, make sure your vet applies a topical internal parasite (worm) treatment and a topical flea/tick treatment. Make your vet aware of any wounds or injuries so those can be treated.

#### **Postoperative Care**

After surgery, allow the cat to recover overnight in the same trap, still covered. Usually the veterinarian's staff will replace any soiled newspaper in the bottom of the trap with fresh newspaper. If they do not do

this, ask them to. Fresh newspaper will make the cats more comfortable during recovery.

Female cats usually need to be held for 24 to 48 hours after surgery. Male cats can be returned to the trapping site 12 to 24 hours following surgery, as long as they are fully awake and do not require further medical attention. Make sure all cats are fully conscious and alert prior to being released. If the cat needs further care (longer than 48 hours) you will need to transfer her into a holding cage.

Kittens must be kept warm during recovery because they are vulnerable to anesthetic-related hypothermia. A heating pad can be used to keep kittens warm, but be sure it is not too hot. Kittens also must be fed around four to six hours after surgery. Feeding the kittens after they have recovered from the anesthesia is recommended to prevent hypoglycemia.

Adult cats can be given a small amount of canned food, which is easier to digest than dry food, eight hours after receiving surgery. When you open the carrier or trap to put in food, be careful that the cat does not escape. Keep your hands out of the trap and always re-lock the door.

Normal behaviors during recovery include: deep sleep, head bobbing, wobbly movements, fast breathing, lack of appetite, and shivering. Slight spotting and bleeding from the left ear tip is expected but should stop by the time of release. There should be no continued bleeding from the surgery area, and prolonged recovery time (still inactive and lethargic, six-plus hours after surgery) or getting drowsy or weak again after waking up is not normal. If any abnormal behavior is suspected, contact your veterinarian immediately, as the cat may need intravenous fluids.

Once the cat has fully recovered and appears alert, clear-eyed, and is not display-

ing any abnormal behaviors, she may be released. Release the cat in the same place you trapped her. Pull back the cover and open the rear door. Step away from the trap quickly and quietly. Do not be concerned if the cat hesitates a few moments before leaving. She is simply reorienting herself to her surroundings. It is not uncommon for the cat to stay away for a few days after release; she will return eventually. Continue to provide food and water. Do not release a cat during inclement weather, and always have the phone numbers of your veterinarian or a nearby emergency clinic on hand in case of emergencies.

## Additional Trapping Tips

If some cats won't go into the traps, you may want to try feeding them in unset traps for several days before trapping. Feed the cats in the same place and time as always. Tie up the doors to the traps so they stay open, and place the food inside. When the cats see other cats eating inside the traps they will try it themselves. Once they become accustomed to the traps, they will be easier to trap.

If you are still unable to trap a cat, or if the cat has learned how to steal bait without springing the trap, consider using a drop trap instead, which provides the trapper with more control. Refer to the Helpful Resources section in the back of the handbook for more information on drop traps.

Never release the cat into a new area. If the cat needs to be relocated, please refer to "Guidelines for Safely Relocating Feral Cats." Relocating cats without following the proper steps can endanger a cat's life. She will try to return to her old home, and may become lost or attempt to cross major roads. Also, feral cats form strong bonds with other cats in their colonies. Separating a cat from her colony members and

leaving her alone in a new environment will cause stress, depression, and loneliness. So if relocation is necessary, do try to relocate several cat buddies at the same time.

#### Avoid Trapping During Spring

Spring is also known as "kitten season." Try to trap before or after this season so that you allow the mothers to nurse their young properly. Around mid-May is usually when the majority of kittens are old enough to eat on their own.

If you do trap a lactating mother you have several choices:

- Release the cat without sterilizing. You may struggle to retrap her, however.
- Have her sterilized, requesting that your vet uses the flank incision. This will allow the mother to be back with her kittens the next day and she can continue to nurse them.\*\*
- Have her sterilized if you are able to locate the kittens and they are old enough to be safely fostered without the mother (around eight weeks old).
- Keep her (and you'll have to catch her kittens) in a foster home until the kittens are weaned, and then sterilize both the mother and kittens.

If you trap a pregnant cat, here are your options:

- Release the cat without sterilizing. Again, you may struggle to retrap her.
- Keep the cat and have her spayed. If she is in the early stages of pregnancy, the pregnancy can be terminated.\*\*
- Keep the cat and allow her to birth her kittens in foster care. Once the kittens have been weaned, the mother can be spayed, and the kittens sterilized.



Desiree Stapley

It takes a real stroke of luck to catch two feral cats in a single trap!

\*\*It is important to discuss these options with your veterinarian prior to trapping, so you can devise a plan. Your vet will determine which is the safer option for the mother cat.

Springtime also means increased activity of other wildlife. If you should accidentally trap a non-target animal such as a raccoon, opossum, or skunk, carefully open the back door and release the animal where it was trapped. Most wildlife are afraid and will run away. Do not release the animal in another area. Taking animals away from their homes is cruel and inhumane. They may have families around and they are usually immune to local diseases. Moving them causes disorientation and they will not know where to find food sources.

# Do Not Use Tranquilizers Before or During Trapping

Tranquilizers have the potential to be extremely dangerous to outside cats. It will take some time for the cat to react to the drug. During this time the cat may become disoriented and cross busy roads or get into other dangerous situations. Some cats need smaller doses, others need larger dos-

es. You will not know how much to give the cat. In any event, tranquilizers are not recommended. Just be patient and realize that your persistence will pay off, and that it may take a longer time and require using different tricks before a particular cat is trapped.

If you have a female cat who is constantly giving birth to kittens and you cannot catch her, consider the contraceptive drug, Ovaban. But remember, this is only to be used for a short period. Long-term use can have serious side-effects. (Refer to "Chemical Sterilization" for more information.)